

18th September 2026

Dear parents and carers,

Please find below details of the approach taken to support children who feel poorly during the school day with common ailments such as having a cold or aches/pains (headache, joint ache, tummy ache).

- If a child complains that they are poorly during tutor time, lesson 1 or lesson 2 we will ask them to continue in lessons, whilst staying hydrated. We will not send any child home before the end of breaktime (11.20am) unless they are significantly or visibly unwell.
- Between 11.20am and 1.25pm, we will always ask a child to wait at least an hour before we will consider sending them home, and even then, it will only be if they are significantly or visibly unwell.
- From 1.25pm onwards we will not send any child home unless they are significantly or visibly unwell because it is only a short time to wait until the end of the day.

You can support us in the following ways:

- If your child is too ill to be at school, please keep them at home. Do not send them to school.
- If your child feels poorly, but is well enough to go to school, ensure they have what they will need to help them (water, tissues, medication, cough sweets etc) and explain to them that they **should not expect** to be sent home by school.
- If your child contacts you and asks you to collect them, please tell them you can only do that if the school has contacted you.

Please be reassured that we will always address visible and significant illness swiftly, and other issues such as injury or accident. The wellness, health and safety of our children is priority, and you can be confident that your child will be well looked-after. The new approach above will not apply to students who have known medical conditions; the approach for those young people will continue as normal.

Thank you in advance for your understanding. We will always be sympathetic and compassionate with children who feel poorly, but we also want to build their resilience and avoid patterns of behaviour where a slight ailment leads to being sent home.

SHARNBROOK



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If you have any questions, please do not hesitate to get in touch.

Warm wishes

Dr Clare Keating-Roberts

Interim Academy Principal